

Ocean County Championships (JV and Frosh)

Name	Mile 1	Mile 2	Mile 3	Finish
Josh A	06:03.0	12:30.0	19:11.0	19:20.0
Josh A Splits	06:03.0	06:27.0	06:41.0	00:09.0
Brendan F	06:26.0	13:18.0	20:24.0	20:36.0
Brendan F Splits	06:26.0	06:52.0	07:06.0	00:12.0
Hunter F	06:22.0	13:18.0	20:32.0	20:46.0
Hunter F Splits	06:22.0	06:56.0	07:14.0	00:14.0
Ryan C	06:17.0	13:26.0	21:05.0	21:15.0
Ryan C Splits	06:17.0	07:09.0	07:39.0	00:10.0
Matt A	06:58.0	14:37.0	21:55.0	22:10.0
Matt A Splits	06:58.0	07:39.0	07:18.0	00:15.0
Andrew M	07:13.0	15:31.0		15:39.0
Andrew M Splits	07:13.0	08:18.0		00:08.0
Sean L	07:25.0	16:15.0		16:32.0
Sean L Splits	07:25.0	08:50.0		00:17.0

Dual Meet vs Red Bank Regional @ RBRHS

Name	Mile 1	Mile 2	Mile 3	Finish
Josh A	06:02.0	12:42.0	18:46.0	19:20.0
Josh A Splits	06:03.0	06:39.0	06:04.0	00:34.0
Brendan F	06:20.0	13:09.0	19:16.0	19:45.0
Brendan F Splits	06:20.0	06:49.0	06:07.0	00:29.0
Hunter F	06:22.0	13:13.0	19:21.0	19:47.0
Hunter F Splits	06:22.0	06:51.0	06:08.0	00:26.0
Ryan C	06:08.0	13:18.0	20:01.0	20:28.0
Ryan C Splits	06:08.0	07:10.0	06:43.0	00:27.0
Matt A	07:12.0	15:23.0	22:23.0	22:52.0
Matt A Splits	07:12.0	08:11.0	07:00.0	00:29.0
Andrew M	07:13.0	15:27.0	22:44.0	23:18.0
Andrew M Splits	07:13.0	08:14.0	07:17.0	00:34.0
Sean L	07:41.0	15:49.0	22:16.0	22:52.0
Sean L Splits	07:41.0	08:08.0	06:27.0	00:36.0

Cougar Invitational

Name	Mile 1	Mile 2 (Est)	Mile 3 (Est)	Finish
Josh A	05:56.0	12:09.0		18:40.0
Josh A Splits	05:56.0	06:13.0	05:55.5	00:35.5
Brendan F	06:04.0	12:28.0		19:06.0
Brendan F Splits	06:04.0	06:24.0	06:01.8	00:36.2
Hunter F	06:04.0	12:29.0		19:12.0
Hunter F Splits	06:04.0	06:25.0	06:06.4	00:36.6
Ryan C	06:02.0	12:25.0		19:04.0
Ryan C Splits	06:02.0	06:23.0	06:02.7	00:36.3
Matt A	06:42.0	13:50.0		21:28.0
Matt A Splits	06:42.0	07:08.0	06:56.4	00:41.6
Andrew M	06:31.0			14:05.0
Andrew M Splits	06:31.0	07:39.3		
Sean L	06:51.0			14:41.0
Sean L Splits	06:51.0	07:55.5		