

JACKSON SCHOOL DISTRICT ELEMENTARY SCHOOL MENU

MARCH 2019

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Questions or comments?
Please call 732-415-7014
Joe Immordino
Food Service Director
or
Judy Hackett
Asst. Food Service Director

Student lunch \$2.85 Reduced price \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, one (1) of the vegetable side dishes, one (1) fruit side dish, and a choice of milk.

Milk choices include: Skim milk, 1% White, Skim Strawberry and Skim Chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Food Service department is now taking applications for substitute cafeteria workers. "Earn while your children Learn"</p> <p>Apply on line at http://www.jacksonsd.org/Page/7407</p> <p>Did you know that if you qualify for free/reduced lunch you also qualify for free/reduced breakfast (at participating schools)</p> <p>Please check the Parent Portal for your student's cafeteria account balance (viewable just below their picture) www.payforit.net</p> <p>This organization is an equal opportunity employer</p>				<p>1-Mar</p> <p><i>Whole Grain Cheese Pizza</i></p> <p><i>Chilled Garden Salad</i></p> <p><i>Assorted Fruits</i></p>
4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
<p><i>Baked Chicken Nuggets</i></p> <p><i>Whole Grain Pretzel Rod</i></p> <p><i>Steamed Broccoli</i></p> <p><i>Assorted Fruits</i></p>	<p>BREAKFAST FOR LUNCH</p> <p><i>Baked French Toast Sticks</i></p> <p><i>Turkey Sausage</i></p> <p><i>100% Fruit Juice</i></p> <p><i>Assorted Fruits</i></p>	<p><i>Mozzarella sticks w/ Marinara Sauce</i></p> <p><i>WG Dinner Roll</i></p> <p><i>Oven Potato Smile</i></p> <p><i>Assorted Fruits</i></p>	<p>STICKER DAY</p> <p><i>Tacos on Hard Taco Shell</i></p> <p><i>Shredded Lettuce, Salsa, Shredded Cheddar Cheese</i></p> <p><i>Black Beans & Rice</i></p> <p><i>Assorted Fruits</i></p>	<p><i>French Bread Cheese Pizza</i></p> <p><i>Chilled Garden Salad</i></p> <p><i>Assorted Fruits</i></p>
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
<p><i>Baked Chicken Tenders</i></p> <p><i>Mini Country Biscuit</i></p> <p><i>Steamed Carrots & Peas</i></p> <p><i>Assorted Fruits</i></p>	<p>BREAKFAST FOR LUNCH</p> <p><i>Baked Pancakes</i></p> <p><i>Turkey Sausage</i></p> <p><i>100% Fruit Juice</i></p> <p><i>Assorted Fruits</i></p>	<p><i>Mini Ravioli w/ Marinara Sauce</i></p> <p><i>Garlic Bread Stick</i></p> <p><i>Chilled Garden Salad</i></p> <p><i>Assorted Fruits</i></p>	<p>STICKER DAY</p> <p><i>Hamburger or Cheeseburger on WG Bun</i></p> <p><i>Vegetarian Beans</i></p> <p><i>Assorted Fruits</i></p>	<p><i>Whole Grain Cheese Pizza</i></p> <p><i>Chilled Garden Salad</i></p> <p><i>Assorted Fruits</i></p>
18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
<p><i>Baked Chicken Nuggets</i></p> <p><i>Whole Grain Pretzel Rod</i></p> <p><i>Steamed Carrots & Peas</i></p> <p><i>Assorted Fruits</i></p>	<p>BREAKFAST FOR LUNCH</p> <p><i>Baked French Toast Sticks</i></p> <p><i>Turkey Sausage</i></p> <p><i>100% Fruit Juice</i></p> <p><i>Assorted Fruits</i></p>	<p><i>All Beef Hot Dog on WG Bun</i></p> <p><i>Oven Potato Smile</i></p> <p><i>Vegetarian Beans</i></p> <p><i>Assorted Fruits</i></p>	<p>STICKER DAY</p> <p><i>Beef Nachos w/ Tostitos Scoops</i></p> <p><i>Salsa, Tomatoes, Shredded Cheddar Cheese</i></p> <p><i>Mexican Rice</i></p> <p><i>Assorted Fruits</i></p>	<p><i>French Bread Cheese Pizza</i></p> <p><i>Chilled Garden Salad</i></p> <p><i>Assorted Fruits</i></p>
25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
<p><i>Baked Chicken Tenders</i></p> <p><i>Mini Country Biscuit</i></p> <p><i>Steamed Carrots</i></p> <p><i>Assorted Fruits</i></p>	<p>BREAKFAST FOR LUNCH</p> <p><i>Baked Square Waffles</i></p> <p><i>Turkey Sausage</i></p> <p><i>100% Fruit Juice</i></p> <p><i>Assorted Fruits</i></p>	<p><i>Chicken Patty Parmesan on WG Bun</i></p> <p><i>Oven Baked Potato Smiles</i></p> <p><i>Assorted Fruits</i></p>	<p>STICKER DAY</p> <p><i>Pizza Crunchers w/ Marinara Sauce</i></p> <p><i>Mini Country Biscuit</i></p> <p><i>Steamed Mixed Vegetables</i></p> <p><i>Assorted Fruits</i></p>	<p><i>Whole Grain Cheese Pizza</i></p> <p><i>Chilled Garden Salad</i></p> <p><i>Assorted Fruits</i></p>

Alternate Entrees (offered with daily vegetable and fruit offerings and choice of milk):

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Almuerzo de Estudiantes \$2.85 Precio Reducido \$0.40

Un almuerzo completo para estudiantes incluye una selección de platillos que proveen proteínas y granos, uno (1) de los platos de verduras, uno (1) plato de frutas, y una selección de leche.
Las opciones de leche incluyen: leche descremada, 1% blanco, fresa descremada, y chocolate desnatado.

Lunes	Martes	Miércoles	Jueves	Viernes
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4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
<p><i>Nuggets de Pollo al Horno</i></p> <p><i>Barra de Pretzel Grano Integral</i></p> <p><i>Brócoli al Vapor</i></p> <p><i>Frutas Surtidas</i></p>	<p>DESAYUNO PARA ALMUERZO</p> <p><i>Palitos de Tostada Franceses Horneadas</i></p> <p><i>Salchichas de Pavo</i></p> <p><i>Jugos de Fruta 100%</i></p> <p><i>Frutas Surtidas</i></p>	<p><i>Palitos de Mozzarella al Horno con Salsa de Tomate</i></p> <p><i>Rodillo Integral de la Cena del Grano</i></p> <p><i>Sonrisas de Patata al Horno</i></p> <p><i>Frutas Surtidas</i></p>	<p>DÍA DE PEGATINA</p> <p><i>Tacos en la Cáscara del Taco Duro</i></p> <p><i>Lechuga Rallada, Salsa, Queso Cheddar Rallado</i></p> <p><i>Frijoles Negros y Arroz</i></p> <p><i>Frutas Surtidas</i></p>	<p><i>Pizza de Queso de Pan Francés</i></p> <p><i>Ensalada de Jardín Refrigerada</i></p> <p><i>Frutas Surtidas</i></p>
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
<p><i>El Dedo de Pollo al Horno</i></p> <p><i>Mini Panecillo de País</i></p> <p><i>Zanahorias y Guisantes al Vapor</i></p> <p><i>Frutas Surtidas</i></p>	<p>DESAYUNO PARA ALMUERZO</p> <p><i>Panqueques Horneados</i></p> <p><i>Salchichas de Pavo</i></p> <p><i>Jugos de Fruta 100%</i></p> <p><i>Frutas Surtidas</i></p>	<p><i>Ravioles con Salsa de Tomate</i></p> <p><i>Palito de Pan del Ajo</i></p> <p><i>Ensalada de Jardín Refrigerada</i></p> <p><i>Frutas Surtidas</i></p>	<p>DÍA DE PEGATINA</p> <p><i>Hamburguesa o Hamburguesa con Queso con Pan Integral</i></p> <p><i>Frijoles Vegetarianos</i></p> <p><i>Frutas Surtidas</i></p>	<p><i>Pizza de Queso de Grano Entero</i></p> <p><i>Ensalada de Jardín Refrigerada</i></p> <p><i>Frutas Surtidas</i></p>
18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
<p><i>Nuggets de Pollo al Horno</i></p> <p><i>Barra de Pretzel Grano Integral</i></p> <p><i>Brócoli al Vapor</i></p>	<p>DESAYUNO PARA ALMUERZO</p> <p><i>Palitos de Tostada Franceses Horneadas</i></p> <p><i>Salchichas de Pavo</i></p> <p><i>Jugos de Fruta 100%</i></p> <p><i>Frutas Surtidas</i></p>	<p><i>Perro Caliente de la Carne en el Pan de Grano Entero</i></p> <p><i>Sonrisas de Patata al Horno</i></p> <p><i>Sonrisas de Patata al Horno</i></p> <p><i>Frutas Surtidas</i></p>	<p>DÍA DE PEGATINA</p> <p><i>Nachos de Ternera con Tostito Scoops</i></p> <p><i>Salsa, Tomates, Queso Cheddar Rallado</i></p> <p><i>Arroz Mexicano</i></p> <p><i>Frutas Surtidas</i></p>	<p><i>Pizza de Queso de Pan Francés</i></p> <p><i>Ensalada de Jardín Refrigerada</i></p> <p><i>Frutas Surtidas</i></p>
25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
<p><i>El Dedo de Pollo al Horno</i></p> <p><i>Mini Panecillo de País</i></p> <p><i>Zanahorias al Vapor</i></p>	<p>DESAYUNO PARA ALMUERZO</p> <p><i>Gofres Cuadrados Horneados</i></p> <p><i>Jamón en Rodajas Caliente</i></p> <p><i>Jugos de Fruta 100%</i></p>	<p><i>Hamburguesa de Pollo al Parmesano en un Pan de Grano Entero</i></p> <p><i>Sonrisas de Patata Horneadas</i></p>	<p>DÍA DE PEGATINA</p> <p><i>Crunchers de Pizza con Salsa de Tomate</i></p> <p><i>Mini Panecillo de País</i></p> <p><i>Verduras Mixtas al Vapor</i></p>	<p><i>Pizza de Queso de Grano Entero</i></p> <p><i>Ensalada de Jardín Refrigerada</i></p>