

**Jackson Township Public Schools**  
**Allergy Information Form**

Attach Student's  
Picture here.

Name of School: \_\_\_\_\_

School Year: 20 \_\_\_\_\_ 20 \_\_\_\_\_

Student's Name: \_\_\_\_\_ Lunch Time/Period: \_\_\_\_\_

Teacher/Homeroom: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Contact: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Severe Allergy: NO \_\_\_\_\_ \*YES \_\_\_\_\_ EpiPen: NO \_\_\_\_\_ \* YES \_\_\_\_\_

Student Self-Administer: \_\_\_\_\_ NO \_\_\_\_\_ \*YES \_\_\_\_\_

If Yes, please specify: \_\_\_\_\_

<u>Allergy</u> <i>(or Health-related restriction)</i>	<u>Possible Reaction</u>
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____

❖ This form must be updated annually. Food allergies and Lactose Intolerance require annually updated healthcare provider documentation. Please attach to this form.

I give my permission for this form to be released to individuals listed below. In the event that the school nurse is not available, I give permission for the assigned delegates to administer epinephrine.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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<b>Distribution:</b>	<b>School Nurse:</b>	Form with photo and all original doctor's notes
	<b>Kitchen Lead:</b>	Form with photo and copy of lactose intolerance note
	<b>Principal:</b>	Form with photo
	<b>Teacher:</b>	Form with photo
	<b>Delegate:</b>	Form with photo

# Individual Emergency Health Plan

Attach student's picture here.

Student's Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_

Grade \_\_\_\_\_ Teacher \_\_\_\_\_

ALLERGY TO: \_\_\_\_\_

Asthmatic \*Yes  No  Unknown  \*Higher risk for severe reaction

## ◆STEP 1: TREATMENT◆

### Symptoms:

- If a food allergen has been ingested, but no symptoms:
- Mouth – Itching, tingling, or swelling of lips, tongue, mouth
- Gut – Nausea, abdominal cramps, vomiting, diarrhea
- Throat❖ Tightening of throat, hoarseness, hacking cough
- Lung❖ Shortness of breath, repetitive coughing, wheezing
- Heart❖ Weak or thready pulse, low blood pressure, fainting, pale, blueness
- Other❖ \_\_\_\_\_
- If a reaction is progressing (several of the above areas affected), give:

### Give Checked Medication\*\*:

\*\*(To be determined by physician authorizing treatment)

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |

❖ Potentially life-threatening; the severity of symptoms can quickly change.

\*\*Delegate not permitted to administer antihistamine

### DOSAGE

**Epinephrine:** Inject intramuscularly (circle one) Epipen® Epipen®Jr. Twinject®0.3 mg Twinject®0.15 mg

**Antihistamine:** give \_\_\_\_\_  
medication/dose/route

**Other:** give \_\_\_\_\_  
medication/dose/route

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.**

## ◆STEP 2: EMERGENCY CALLS◆

1. Call 911 \_\_\_\_\_ -state that an allergic reaction has been treated, and additional epinephrine may be needed.

2. Dr. \_\_\_\_\_ Phone Number: \_\_\_\_\_

3. Parent \_\_\_\_\_ Phone Number: \_\_\_\_\_

4. Emergency contacts: Name/Relationship/Phone Number(s)

a. \_\_\_\_\_ 1. \_\_\_\_\_ 2. \_\_\_\_\_  
Home Cell

b. \_\_\_\_\_ 1. \_\_\_\_\_ 2. \_\_\_\_\_  
Home Cell

**EVEN IF PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!**

Parent/Guardian's Signature \_\_\_\_\_ Date: \_\_\_\_\_

Doctor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Required)